

# New Recruit Contact List/4 Minute Drill



SEQUOIA INNOVATIONS  
*Your Legacy. Your Family. Tree*

## 1st Minute

### Families & Relatives:

Mom, Dad, Brothers, Sisters,  
Uncles, Aunts, Cousins,  
Nephews, Nieces,  
In-Laws, & Godparents

## 2nd Minute

### Friends:

Friends, Best Friends,  
Spouse's Best Friends,  
Parents's Friends,  
Neighbors, & Acquaintances

## 3rd Minute

### Co-workers & Activities:

Current & Former Co- Workers  
P.T.A, Little League, Facebook  
Friends, Church Members, &  
Service Providers

## 4th Minute

### Professionals:

Dentist, Doctor,  
Pharmacist, Hair Dresser,  
Pastor, School Teachers,  
Mechanics, and Banker.

1		1		1		1	
2		2		2		2	
3		3		3		3	
4		4		4		4	
5		5		5		5	
6		6		6		6	
7		7		7		7	
8		8		8		8	
9		9		9		9	
10		10		10		10	
11		11		11		11	
12		12		12		12	
13		13		13		13	
14		14		14		14	
15		15		15		15	
16		16		16		16	
17		17		17		17	